

Social Media & Sexual Health. Key Stage 3/4

Key stage	Reference	Description
KS3	H3	The impact that social media and media can have on how people think about themselves and express themselves, including regarding their body image, physical and mental health
KS4	H3	How different media portray idolised and artificial body shapes: how this influences body satisfaction and body image and how to critically appraise what they see and manage feelings about this.
KS3	H21	How to access health services when appropriate
KS4	H22	Ways to identify and manage personal safety and new social settings, workplaces, and environments, including online
KS3	H30	How to identify and manage personal safety and increasingly independent situations, including online
KS3	H31	Ways of assessing and reducing risk in relation to health, well-being and personal safety
KS4	H23	Strategies for identifying whiskey and emergency situations, including online: waste manage to use and get appropriate help, including where there may be legal consequences.
KS4	H26	The different types of intimacy, including online, and their potential emotional and physical consequences, both positive and negative
KS4	H29	To overcome barriers, including embarrassment, myths and misconceptions about sexual health and the use of sexual health services
KS3	R2	Indicators of positive, healthy relationships and unhealthy relationships, including online
KS3	R7	How the media portrays relationships and the potential impact of this on peoples expectations of relationships
KS3	R8	That the portrayal of sex in the media and social media including pornography can affect peoples expectations of relationships and sex
KS4	R3	To respond appropriately to indicators of unhealthy relationships, including seeking help when necessary
KS4	R7	Strategies to accept reliable, accurate and appropriate advice and support with relationships, and to assist others to access it when needed
KS4	R8	To understand the potential impact of the portrayal of sex in pornography and other media, including on sexual attitudes, expectations and behaviours
KS3	R10	The importance of trusting relationships and the behaviours that can undermine or build trust
KS4	R9	To recognise, clarify and if necessary challenge their own values and understanding how they values influence their decisions, goals and behaviours
KS3	R13	How to safely and responsibly form, maintain and manage positive relationships, including online
KS3	R14	The qualities and behaviours they should expect an exhibit in a wide variety of positive relationships, including in school and wider society, family and friendships, including online
KS3	R17	Strategies to identify and reduce risk from people online that they do not already know; when and how to access help

KS4	R14	The opportunities and potential risks of establishing and conducting relationships online, and strategies to manage risks
KS4	R15	The legal and ethical responsibility of people have in relation to online aspects of relationships
KS4	R16	To recognise unwanted attention such as harassment and stalking including online waste responder now to see help
KS3	R26	How to seek, give, not give and withdraw consent in all context, including online
KS3	R29	The impact of sharing sexual images of others without consent
KS4	R22	To evaluate different motivations and context in which sexual images are shared, and possible legal, emotional and social consequences
KS3	R37	The characteristics of abusive behaviours, such as grooming, sexual harassment, sexual and emotional abuse, violence and exploitation; to recognise warning signs, including online; how to report abusive behaviours or access support for themselves or others
KS4	R29	The law relating to abuse in relationships colluding including coercive control and online harassment
KS3	R42	To recognise peer influence and to develop strategies for managing it, including online
KS3	R43	The role Piers can play in supporting one another to business pressure and influence colour challenge home for social norms and access appropriate support
KS4	R35	To evaluate ways in which their behaviours may influence their peers, positively and negatively, including online
KS3	L21	To establish personal days and clear boundaries around aspects of life that they want to remain private; strategies to safely manage personal information and images online, including on social media
KS3	L24	To understand how the way people present and sells online can have a positive and negative impact on them
KS3	L25	To make informed decisions about whether different media and digital content are appropriate to view and develop the skills to act on them
KS3	L27	To respond appropriately when things go wrong online, including confidentiality accessing support, reporting to authorities and platforms
KS4	L23	Strategies for protecting and enhancing their personal and professional reputation online