

Contraception

| Key stage 3/4 | Reference | Description |
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| 4 | H14 | About the health services available to people, strategies to become confident use of the NHS and other health services. To overcome potential concerns or barriers to seeking help |
| 3 | H19 | The importance of taking increased responsibility for their own physical health including dental checkups, Sun safety and self-examination "especially testicular self-examination in late key stage three" the purpose of vaccinations offered during adolescence for individuals and society. |
| 3 | H21 | How to access health services when appropriate |
| 3 | H23 | The positive and negative uses of drugs in society including the safe use of prescribed and over-the-counter medicines, responsible use of antibiotics |
| 4 | H29 | To overcome barriers, including embarrassment, myths and misconceptions about sexual health and the use of sexual health services |
| 4 | H33 | About the choices and support available in the event of an unplanned pregnancy, and how to access appropriate health help and advice |
| 3 | H35 | About the purpose, importance and different forms of contraception. How and where to access contraception and advice. |
| 3 | H36 | That certain infections can spread through sexual activity and that barrier contraceptives offer some protection against certain sexually transmitted infections |
| 4 | R1 | The characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality |
| 3 | R2 | Indicators of positive, healthy relationships and unhealthy relationships, including online |
| 3 | R4 | The difference between biological sex, gender identity and sexual orientation |
| 4 | R10 | To understand a variety of faith and cultural practices and beliefs concerning relationships and sexual activity. To respect the roles these may play in relationship values. |
| 3 | R12 | That everyone has the choice to delay sex, or enjoy intimacy without sex |
| 3 | R13 | How to safely and responsibly form, maintain and manage positive relationships, including online |
| 4 | R20 | To recognise the impact of drugs and alcohol on choices and sexual behaviour |
| 4 | R23 | How to choose an access appropriate contraception including emergency contraception and to go to negotiate contraception use with a partner |
| 4 | R24 | The physical and emotional responses people may have to unintended pregnancy, the different options available, who to talk to you for accurate, impartial advice and support. |