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| KS3 | Reproduction, relationships consent and the law |
| H 25 | to name the main body parts including external genitalia e.g. vulva, vagina, penis testicles. |
| H6 | How to identify and articulate range of emotions accurately and sensitively, using appropriate vocabulary |
| H 19 | The importance of taking increased responsibility for their own physical health including dental check ups, some safety and self-examination bracket especially testicular self-examination) the purpose of vaccinations offered during adolescence for individual and society |
| H 21 | How to access health services where appropriate |
| H 34 | Strategies to manage the physical and mental changes that are typical part of growing up, including purity and menstrual well-being |
| R 1 | About different types of relationships, including those within families, and ships, romantic intimate relationships and the factors that can affect them |
| R 2 | Indicators of positive, healthy relationships and unhealthy relationships, including online |
| R 3 | About the similarities, differences and diversity among people of different race, culture, ability, sex, gender identity, age and sexual orientation |
| R 4 | The difference between biological sex, gender identity and sexual orientation |
| R 5 | To recognise that sexual attraction and sexuality are diverse |
| R 9 | To clarify and develop personal values in friendships, love and sexual relationships |
| R 10 | The importance of trust in relationships and the behaviours that can undermine or build trust |
| R12 | That everyone has the choice to delay sex, or to enjoy intimacy without sex |
| R 24 | That consent is freely given, that being pressurised, manipulated or coerced to agree to somethings is not giving consent, and how to seek help in such circumstances |
| R25 | About the law relating to sexual consent |
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