

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 7	Boys: Basketball Girls: Rugby	Boys: Rugby Girls: Badminton/Table Tennis	Boys: Football Girls: Basketball	Boys: Badminton/Table Tennis Girls: Football	Boys: Athletics Girls: Athletics	Boys: Cricket/Softball Girls: Rounders/Cricket/Softball
Year 8	Boys: Basketball Girls: Rugby Mixed: Table Tennis	Boys: Rugby Girls: Badminton/Table Tennis Mixed: Football	Boys: Football Girls: Basketball Mixed: Table Tennis	Boys: Badminton/Table Tennis Girls: Football Mixed: Trampolining	Boys: Athletics Girls: Athletics Mixed: Rounders/Cricket/Softball	Boys: Cricket/Softball Girls: Rounders/Cricket/Softball Mixed: Athletics
Year 9	Boys: Basketball Girls: Rugby & Netball Mixed: Table Tennis	Boys: Badminton/Table Tennis Girls: Football Mixed: Basketball	Boys: Methods of Training Girls: Basketball/Badminton Mixed: Football	Boys: Football Girls: Methods of training Mixed: Badminton	Boys: Athletics Girls: Athletics Mixed: Trampolining	Boys: Cricket/Softball Girls: Rounders/Cricket/Softball Mixed: Rounders/Softball/Cricket
Year 10	GCSE Theory: Health & Fitness, Diet, Skeletal Core Group 1: Football Group 2: Table Tennis Group 3: Basketball	GCSE Theory: Muscular, CV system, Respiratory Core Group 1: Basketball Group 2: Netball Group 3: Table Tennis	GCSE Theory: Physical Training Core Group 1: Volleyball Group 2: Badminton Mixed: Football	GCSE Theory: Physical Training Core Group 1: Badminton Group 2: Football Mixed: Trampolining	GCSE Theory: Personal Exercise Programme Core Group 1: Table Tennis Group 2: Athletics Mixed: Netball	GCSE Theory: Personal Exercise Programme Core Group 1: Athletics/Softball/Cricket Group 2: Softball/Rounders/Cricket Mixed: Athletics
Year 11	GCSE Theory: Levers, Planes & Axis, Sports Psychology Core Group 1: Football Group 2: Badminton	GCSE Theory: Socio Cultural Influences Core Group 1: Volleyball Group 2: Football	GCSE Theory: Personal Exercise Programme/Revision Core Group 1: Basketball Group 2: Table Tennis	GCSE Theory: Revision Core Group 1: Badminton Group 2: Netball	GCSE Theory: Revision Core Group 1: Table Tennis Group 2: Athletics	GCSE Theory: Core Group 1: Athletics/Softball/Cricket Group 2: Softball/Rounders/Cricket